

Sandwell Academy PE Department

Curriculum

Intent Statement

Aims					
Build resilience, self-reliance and perseverance	Raise aspirations and promote “self-challenge”	Experience a broad range of subjects and learning opportunities	Increase the “cultural capital” of students	Support Mental Health and Wellbeing	Develop deeper understanding and a love of learning and self-development.
A	B	C	D	E	F

Intent

In Physical Education, we heavily focus on the holistic development of our students. We believe that students physical, social, moral, cultural, personal and emotional development are all enhanced by the experiences that our broad and balanced curriculum provides throughout Key Stages 3, 4 and 5. We believe that students should leave the Academy with a comprehensive understanding of why it is important to lead a healthy and active lifestyle and be able to adopt this in their daily lives, for life. We want students to develop a passion for being physically active through experiencing a broad range of activities to capture their interest and become physically confident. The curriculum aims to promote self-reflection and evaluation; this provides students the opportunity to gain an understanding of self-development that could transfer into their everyday lives. We want students to enjoy the sports and activities that make up the curriculum and we aim to create an environment where all students want to participate and are physically active.

Through Physical Education and participating in regular physical activity, students develop confidence, perseverance and independence as well as the mental resilience, to not only cope, but also thrive, in a diverse and ever changing society. Students develop self-discipline, co-operation and values of fairness and respect both for themselves and others. We believe that providing competitive opportunities instils a feeling of self-worth amongst the students and a feeling of pride within the community in which they belong.

Students who wish to specialise in the subject experience high quality Physical Education lessons that are innovative and challenging so they can be inspired to achieve beyond their expectations. The PE curriculum has a cross-curricular focus with an emphasis on Science, English and Math's. Staff aim to make cross-curricular links at every available opportunity including literacy, numeracy and reading skills.

In PE, we aim to offer students access to a large and varied extra-curricular programme. This provision provides pupils the opportunity to build and develop their skills and knowledge further within specific sporting activities. We have many school sports teams across the Key Stages. These teams provide our pupils with the experience of participation within competitive sport and all the social, psychological and physical benefits associated.